



Mums'

Day Out

Saturday 3rd December 2016

10am—5pm

Enjoy a morning of Tai Chi and Meditation, followed by lunch at The Bush Shack Brewery, then an afternoon tempting your taste buds with produce from the Margaret River Region



\$50 (inc GST)

Enjoy a relaxing day out and meet other mums of kids with autism.

RSVP: email info@swanautism.org.au or phone 9754 7322 by Thursday 1st December 2016.

proudly supported by:



SWAN MUMS' DAY OUT - REGISTRATION FORM

Your Details:

Full Name:

Address:

Phone No:

Email:

Emergency Contact Details:

Full Name:

Contact No:

Special Dietary Requirements:

I give permission for my photo image to be used to promote SWAN.

I do not give permission for my photo image to be used to promote SWAN.

About the SWAN Mums' Day Out:

This year we will be holding a Mums' Day Out for a maximum of 10 people, providing a relaxing day out getting to know other SWAN Mums.

Bus Tour Saturday 3rd December 2016 (10.00am – 5.00pm)

The bus will collect people at 10am from the SWAN office, 39 Kent Street, Busselton, then travel to Alchemy for a morning of Tai Chi and Meditation, followed by lunch at The Bush Shack Brewery (consisting of a platter of local produce and a complementary drink). The afternoon will provide an opportunity to sample local products from Vasse Virgin Olive Oil, as well as providing an opportunity to sample produce such as chocolate, cheese (and wine if desired) from the Margaret River region, before returning to the SWAN offices around 5.00pm.

The focus of SWAN Mums' Day Out is relaxation – you can choose to do as much or as little as you prefer. 😊

Places are limited, so please respond ASAP to indicate your preference and assist us with planning a very special day for you. Priority will be given to Mums who have not previously attended a SWAN Mums' retreat.

What to do:

1. Complete this registration form and:
 - email to info@swanautism.org.au
 - or deliver to the SWAN office, 39 Kent St, Busselton
2. Invoices will be sent out with an email confirming your place in the 'Mums' Day Out'.

What to bring:

- Comfortable clothes
- Spending money (if desired)

Signature:

Date:



The privacy and confidentiality of your family will be treated with respect at all times. No personal information will ever be released without your prior consent.

PLEASE RETURN COMPLETED FORM TO THE SOUTH WEST AUTISM NETWORK BY THURSDAY 1ST December 2016.

Thank you for your assistance.