



AutStars

AutStars is a social & friendship group program facilitated by psychologists Kathryn Shackleton, Heidi Welsh or Nadja Blythe (counsellor practitioner) for students in Yr 1-7 with autism & related developmental disabilities.

Small group setting to enhance social interaction and fun, with sessions targeting:

- Reducing anxiety + calming strategies
- Sharing + tolerance of others
- Coping with frustration + anger
- Interaction
- Dealing with bullying
- Friendship skills
- Self esteem + confidence
- Maintaining personal space
- Social problem solving
- Initiating + maintaining conversations

WHEN: **9:30am-11:30am Saturday**
fortnightly, during school terms

VENUE: **The People Place**
19-21 Kent Street, Busselton

COST: **\$85** per session (incl GST)
+ \$100 NDIS Progress Report Fee

CONTACT: **SWAN** on **0476 315 694** or
info@swanautism.org.au

Claimable from NDIS funding if Plan
Managed or Self Managed